

LZ LEAGUE

AUTUMN TOURNAMENT

FRIDAY

9 - OCTOBER
2026

17:30



OLYMPIAZENTRUM
OBERÖSTERREICH
LINZ - HALL 2

2026



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Kumite
Analysis



Linz, 26 September 2026
Reg. 31/2026

LZ LEAGUE 2026 AUTUMN TOURNAMENT

Friday 09.10.2026 • Olympiazentrum Oberösterreich • Linz



Place: Olympiazentrum Oberösterreich • Hall 2
Auf der Gugl 30 • 4020 • Linz

Date: Friday 9, October 2026

Registration: Fill out the attached list in excel.

Name • Gender • Birthday • Age • Category • Modality • Level • Club

Name	Surname	female	Birthday	Age	Category	Modality	Level	Club
Sara	Line	female	06/03/16	10	u12	Kumite	Started	Eberschwang

By email j.benitez@karateupperaustria.at or by QR of the **app2dat**
<https://m.app2dat.com?reg=1820>



app2dat
www.app2dat.com

Deadline: Deadline registration **Monday 5.10.2026 • 12:00**
Any registration will not be accepted after the deadline.

Categories: Kumite Round Robin System
STARTED u10, u12, u14, u16 Female and Male
ADVANCED u12, u14, u16, u18 Female and Male

Specific rules Kumite:

- Bout time running on 1 min 15 seconds.
- Tatami of 6x6 m.
- No sanctions will be giving, but infractions will be monitored in accordance with the competition regulations.
- Maximum score of 8 points.
- Protections • WKF protections • Optional helmet and body protector.



Landestrainer Karate **Mag. Juan Luis Benítez Cárdenes**
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Rank points Kumite :

- 4 ranking points for bout won with 8 points.
- 3 ranking points for bout won.
- 2 ranking points for bout tied.
- 1 ranking point for bout lost.

Draft program:

- 17:30** Athletes control.
- 17:40** Kumite Training.
- 18:30** LZ League 2026 Autumn Tournament • Kumite.
- 19:45** End.

Please take note about some aspects:

- The LZ League is a tournament for development and learning.
- The athlete check will begin at 17:30
- First the kumite training will be held, followed by the kumite competition.
- Remember that since this is a LZ League with several tournaments with award points, medals will not be given.
- Coaches will have an assigned area to observe and analyze.
- The athletes will perform independently.
- Coaches may provide instructions after each bout, but not during the bout itself.
- The winners' ceremony will take place at the final event on Saturday 5, December.

Thank you for your cooperation.



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